

Company: Autistic Culture Podcast
Company Description: The Autistic Culture Podcast reframes autism as a cultural identity, not a medical condition. Hosted by Licensed Psychological Practitioner Matt Lowry and author Dr. Angela Kingdon, it explores autistic history, values, and community through humor, pride, and deep cultural insight. 100% independently produced.
Nomination Category: Podcast Categories
Nomination Sub Category: Episode - Arts & Culture
Nomination Title: Autistic Culture Podcast



1. The date on which this nominated podcast was first distributed or otherwise made public:

Nov. 4, 2022

2. Describe the podcast and its output since the beginning of 2023 (up to 200 words):

Total 199 words used.

The Autistic Culture Podcast is not just a podcast — it’s a cultural reformation. Hosted by late-diagnosed author Dr. Angela Kingdon and autistic clinician Matt Lowry, LPP, this independently produced series boldly reframes autism as a culture, not a condition — and invites the world to rethink everything it thought it knew.

Since January 2023, we’ve released **over 100 episodes** that blend pop culture analysis, historical reexamination, and irreverent humor. From *Freddie Mercury Is Autistic* to *Monster High Is Autistic*, we uncover the hidden neurodivergent brilliance in the stories, art, fashion, media, and icons shaping our world.

This is not a podcast about autism. It’s a **culture podcast by and for autistic people** — and it’s redefining representation. Our audience includes late-diagnosed adults, neurodivergent creatives, clinicians, and proud weirdos who describe the show as “life-changing,” “healing,” and “better than therapy.”

With 300,000+ downloads and zero outside funding, we've built a global cultural archive one episode at a time — celebrating echolalia, monotropism, and neurodivergent joy as valid and vibrant. We don’t translate autism for outsiders — we center it as the culture it is.

This is the culture show you didn’t know you were missing.

3. Optionally you may list the creative and production credits for your nominated podcast - the people who help to bring it to life. People such as, among others: Advertising Agency/City: Client: Art Director: Audio Engineer: Cinematographer: Creative Director: Designer: Director: Host(s): Illustrator/City: Music Producer/City: Photographer/City: Printer/City: Producer: Production Company/City: Programmer: Videographer: Writer: Web Development Firm/City:

Hosts: Dr. Angela Kingdon & Matt Lowry, LPP

Audio Engineer: Simon Scott

Producer: Dr. Angela Kingdon

Production Company/City: Self-produced, based in Portishead, UK & Lexington, KY, USA

Music Producer: Licensed tracks via Epidemic Sound

Designer: Gina Lauria (podcast artwork, branding)

Web Development Firm/City: Built and maintained in-house, Portishead, UK

Social Media & Content Management: Sami Harris

Transcriptions & Content Repurposing: In-house tools and AI assistance

Attachments/Videos/Links:

[Autistic Culture Podcast](#)

[REDACTED FOR PUBLICATION]